

33. Silvesterlauf 2016

Ergebnisliste MW 15000 m

| Platz | Startnr. | Name | Jahrg. | m/w | AKP | AK | Verein | Netto | Brutto |
|----------|----------|-----------------------|--------|-----|-----|----------------------|------------------------------------|-----------|-----------|
| 15000 m | | | | | | | | | |
| Männlich | | | | | | | | | |
| 1. | 352 | Meyer Manuel | 1981 | m | 1. | Senioren M35 | TV Watenscheid 01 | 0:52:57,0 | 0:53:16,0 |
| 2. | 314 | Ralf Gottheil | 1981 | m | 2. | Senioren M35 | LG Coesfeld | 0:53:42,0 | 0:54:01,0 |
| 3. | 312 | Sven Fels | 1990 | m | 1. | Männer | LG Coesfeld | 0:54:13,0 | 0:54:32,0 |
| 4. | 304 | Klaus Schlüter | 1978 | m | 3. | Senioren M35 | ASV Ellewick | 0:54:26,0 | 0:54:45,0 |
| 5. | 292 | Eddy Lamers | 1977 | m | 4. | Senioren M35 | (Groenlo) | 0:54:36,0 | 0:54:56,0 |
| 6. | 265 | Simon Janzen | 1985 | m | 1. | Senioren M30 | LEX Bocholt Running Team | 0:55:01,0 | 0:55:20,0 |
| 7. | 307 | Stefan Wielers | 1979 | m | 5. | Senioren M35 | ASV Ellewick | 0:56:25,0 | 0:56:47,0 |
| 8. | 280 | Moritz Buchheister | 1982 | m | 2. | Senioren M30 | Körperwerkstatt Moritz Buchheister | 0:57:25,0 | 0:57:47,0 |
| 9. | 293 | Michael Emming | 1972 | m | 1. | Senioren M40 | just4run | 0:57:41,0 | 0:58:00,0 |
| 10. | 313 | Matthias Cramer | 1971 | m | 1. | Senioren M45 | LG Coesfeld | 0:58:17,0 | 0:58:38,0 |
| 11. | 358 | Bernd Holtkamp | 1979 | m | 6. | Senioren M35 | Union Wessum | 0:58:37,0 | 0:58:59,0 |
| 12. | 104 | Helmut Woltering | 1974 | m | 2. | Senioren M40 | VfL Ahaus | 0:58:58,0 | 0:59:17,0 |
| 13. | 315 | Günter Severt | 1967 | m | 2. | Senioren M45 | LG Coesfeld | 0:59:13,0 | 0:59:34,0 |
| 14. | 288 | Michael Hork | 1976 | m | 3. | Senioren M40 | LT Union Wessum | 0:59:32,0 | 0:59:54,0 |
| 15. | 166 | Stephan Lanfer | 1981 | m | 7. | Senioren M35 | Trail Team TuS Velen | 1:00:17,0 | 1:00:38,0 |
| 16. | 326 | Frank Hüning | 1979 | m | 8. | Senioren M35 | SAUERESSIG | 1:00:58,0 | 1:01:19,0 |
| 17. | 277 | Hermann Penno | 1965 | m | 1. | Senioren M50 | BEWI run | 1:01:01,0 | 1:01:22,0 |
| 18. | 344 | Christian Rduch | 1969 | m | 3. | Senioren M45 | FC Viktoria Heiden | 1:01:24,0 | 1:01:44,0 |
| 19. | 157 | Lars Sieverding | 1986 | m | 3. | Senioren M30 | SG Borken | 1:02:23,0 | 1:02:47,0 |
| 20. | 327 | Jan Menge | 1985 | m | 4. | Senioren M30 | SAUERESSIG | 1:02:48,0 | 1:03:08,0 |
| 21. | 345 | Tobias Rduch | 2000 | m | 1. | männliche Jugend U18 | FC Viktoria Heiden | 1:02:53,0 | 1:03:13,0 |
| 22. | 290 | Christoph Flucht | 1992 | m | 2. | Männer | TV-Epe | 1:03:05,0 | 1:03:32,0 |
| 23. | 275 | Sebastian Münstermann | 1980 | m | 9. | Senioren M35 | LG Coesfeld | 1:04:13,0 | 1:04:34,0 |
| 24. | 309 | Thomas Dürdoth | 1964 | m | 2. | Senioren M50 | Laufftreff Vreden | 1:04:19,0 | 1:04:40,0 |
| 25. | 316 | Joachim Engel | 1965 | m | 3. | Senioren M50 | LG Coesfeld | 1:04:43,0 | 1:05:04,0 |
| 26. | 142 | Georg Hölter | 1967 | m | 4. | Senioren M45 | just 4 run | 1:04:46,0 | 1:05:06,0 |
| 27. | 346 | Felix Knüwer | 2000 | m | 2. | männliche Jugend U18 | FC Viktoria Heiden | 1:05:08,0 | 1:05:26,0 |
| 28. | 359 | Thomas Ehler | 1982 | m | 5. | Senioren M30 | Trail-Team Vreden | 1:05:07,0 | 1:05:31,0 |
| 29. | 252 | Thomas Tenbusch | 1978 | m | 10. | Senioren M35 | (Stadtlohn) | 1:05:42,0 | 1:06:03,0 |

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| Platz | Startnr. | Name | Jahrg. | m/w | AKP | AK | Verein | Netto | Brutto |
|-------|----------|----------------------|--------|-----|-----|--------------|--------------------------------|-----------|-----------|
| 30. | 282 | Carlo Schepers | 1987 | m | 3. | Männer | Körperwerkstatt | 1:06:16,0 | 1:06:38,0 |
| 31. | 310 | Christian Nienhaus | 1973 | m | 4. | Senioren M40 | Lauftreff Vreden | 1:06:17,0 | 1:06:38,0 |
| 32. | 337 | Stefan Sundermann | 1975 | m | 5. | Senioren M40 | | 1:06:12,0 | 1:06:42,0 |
| 33. | 93 | Robert Große Liesner | 1973 | m | 6. | Senioren M40 | TuS Hiltrup | 1:06:23,0 | 1:06:43,0 |
| 34. | 334 | Robert Vogel Pohl | 1985 | m | 6. | Senioren M30 | | 1:06:50,0 | 1:07:11,0 |
| 35. | 259 | Winand Schlattmann | 1960 | m | 1. | Senioren M55 | TSV Raesfeld | 1:07:13,0 | 1:07:37,0 |
| 36. | 339 | Kay Dünne | 1980 | m | 11. | Senioren M35 | TSG Trink u. Sportgemeinschaft | 1:07:14,0 | 1:07:39,0 |
| 37. | 262 | David Wolters | 1988 | m | 4. | Männer | (Stadtlohn) | 1:07:12,0 | 1:07:39,0 |
| 38. | 340 | Sascha Pöppelbuss | 1980 | m | 12. | Senioren M35 | TSG Vreden | 1:07:17,0 | 1:07:42,0 |
| 39. | 364 | Christian Hoeper | | m | 1. | | Grenzläufer Oeding | 1:07:29,0 | 1:07:53,0 |
| 40. | 319 | Andre Wesseler | 1982 | m | 7. | Senioren M30 | FC Ottenstein Lauftreff | 1:07:26,0 | 1:07:53,0 |
| 41. | 318 | Stefan Seggewiß | 1988 | m | 5. | Männer | FC Ottenstein-Lauftreff | 1:07:45,0 | 1:08:11,0 |
| 42. | 348 | Stefan Steevens | 1982 | m | 8. | Senioren M30 | VfL Ahaus | 1:07:53,0 | 1:08:13,0 |
| 43. | 367 | Stephan Doods | 1961 | m | 2. | Senioren M55 | SC Südlohn | 1:07:56,0 | 1:08:18,0 |
| 44. | 299 | Guido Dissemond | 1964 | m | 4. | Senioren M50 | SuS Stadtlohn | 1:08:02,0 | 1:08:25,0 |
| 45. | 297 | Stefan Schwarzer | 1992 | m | 6. | Männer | TV Epe | 1:08:01,0 | 1:08:28,0 |
| 46. | 298 | Thomas Uesbeck | 1990 | m | 7. | Männer | TV Epe | 1:08:01,0 | 1:08:28,0 |
| 47. | 302 | Andre Hoffboll | 1990 | m | 8. | Männer | Südlohn | 1:08:55,0 | 1:09:19,0 |
| 48. | 375 | Thomas Beckhaus | 1980 | m | 13. | Senioren M35 | | 1:08:55,0 | 1:09:25,0 |
| 49. | 374 | Stefan Beckhaus | 1986 | m | 9. | Senioren M30 | | 1:08:58,0 | 1:09:29,0 |
| 50. | 365 | Lothar Rave | 1965 | m | 5. | Senioren M50 | Grenzläufer Oeding | 1:09:31,0 | 1:09:53,0 |
| 51. | 361 | Sven Stowermann | 1981 | m | 14. | Senioren M35 | Laudert | 1:10:01,0 | 1:10:23,0 |
| 52. | 283 | Thomas Pier | 1972 | m | 7. | Senioren M40 | harlerunner.de | 1:10:15,0 | 1:10:39,0 |
| 53. | 284 | Norbert van de Sand | 1976 | m | 8. | Senioren M40 | RekenRunner | 1:10:15,0 | 1:10:39,0 |
| 54. | 370 | Heinz-Bernd Feldkamp | 1969 | m | 5. | Senioren M45 | Trailteam Vreden | 1:10:34,0 | 1:11:00,0 |
| 55. | 336 | Mathias Weiler | 1979 | m | 15. | Senioren M35 | | 1:10:44,0 | 1:11:14,0 |
| 56. | 362 | Norbert Holters | | m | 2. | | | 1:11:02,0 | 1:11:26,0 |
| 57. | 329 | Frank Kohlruss | 1966 | m | 6. | Senioren M50 | SF Nordvelen | 1:11:27,0 | 1:11:51,0 |
| 58. | 286 | Herbert Meß | 1969 | m | 6. | Senioren M45 | Sus Legden | 1:11:27,0 | 1:11:55,0 |
| 59. | 360 | Ingo Vallböhrer | 1964 | m | 7. | Senioren M50 | ASC Schöppingen | 1:11:31,0 | 1:11:58,0 |
| 60. | 342 | Marco Schley | 1987 | m | 9. | Männer | Südlohner Läufer | 1:12:18,0 | 1:12:44,0 |
| 61. | 268 | Stephan Rave | 1963 | m | 8. | Senioren M50 | Südlohner Läufer | 1:12:18,0 | 1:12:44,0 |

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|-------|----------|---------------------------------|--------|-----|-----|--------------|------------------------------|-----------|-----------|
| 62. | 335 | Sascha van der Walle | 1970 | m | 7. | Senioren M45 | Isetta Club | 1:12:29,0 | 1:12:53,0 |
| 63. | 341 | Daniel Hambach | 1974 | m | 9. | Senioren M40 | | 1:12:38,0 | 1:12:58,0 |
| 64. | 257 | Bernfried Tebrügge | 1963 | m | 9. | Senioren M50 | RSF Südlohn | 1:12:42,0 | 1:13:04,0 |
| 65. | 73 | Bernd Heming | 1961 | m | 3. | Senioren M55 | (Stadtlohn) | 1:12:54,0 | 1:13:16,0 |
| 66. | 349 | Dieter Niehues | 1964 | m | 10. | Senioren M50 | RSC Stadtlohn | 1:12:45,0 | 1:13:16,0 |
| 67. | 333 | Stephan/Stefan Therealwheeldeal | 1974 | m | 10. | Senioren M40 | The Real Wheel Deal | 1:13:04,0 | 1:13:24,0 |
| 68. | 281 | Michael Brüggenkötter | 1967 | m | 8. | Senioren M45 | LG Oelde/Wadersloh | 1:13:31,0 | 1:13:59,0 |
| 69. | 355 | Guido Deuker | 1978 | m | 16. | Senioren M35 | SuS Legden | 1:13:31,0 | 1:14:06,0 |
| 70. | 90 | Andreas Callegari | 1978 | m | 17. | Senioren M35 | SG Borken | 1:14:02,0 | 1:14:26,0 |
| 71. | 347 | Thomas Liedel | 1968 | m | 9. | Senioren M45 | TLC | 1:14:03,0 | 1:14:28,0 |
| 72. | 308 | Daniel Terwersche | 1980 | m | 18. | Senioren M35 | ASV Ellewick | 1:14:17,0 | 1:14:42,0 |
| 73. | 328 | Christian Groh | 1984 | m | 10. | Senioren M30 | SAUERESSIG | 1:14:24,0 | 1:14:52,0 |
| 74. | 366 | Egbert Wewers | 1961 | m | 4. | Senioren M55 | Grenzläufer Oeding | 1:14:38,0 | 1:15:00,0 |
| 75. | 369 | Norbert Elskamp | 1962 | m | 11. | Senioren M50 | Grenzläufer Oeding | 1:14:37,0 | 1:15:00,0 |
| 76. | 254 | Manfred Peifer | 1968 | m | 10. | Senioren M45 | Südlohner Läufer | 1:14:42,0 | 1:15:07,0 |
| 77. | 356 | Uli Benke | 1953 | m | 1. | Senioren M60 | Laufftreff Vreden | 1:14:44,0 | 1:15:11,0 |
| 78. | 253 | Markus Plautz | 1973 | m | 11. | Senioren M40 | (Stadtlohn) | 1:14:43,0 | 1:15:14,0 |
| 79. | 301 | Christian Niehaves | 1964 | m | 12. | Senioren M50 | (Borken) | 1:14:46,0 | 1:15:15,0 |
| 80. | 373 | Michael Elsing | 1982 | m | 11. | Senioren M30 | FC Ottenstein Laufftreff | 1:15:06,0 | 1:15:33,0 |
| 81. | 321 | Stefan Finke | 1970 | m | 11. | Senioren M45 | FC Ottenstein Laufftreff | 1:15:06,0 | 1:15:34,0 |
| 82. | 324 | Hajo Gerick | 1963 | m | 13. | Senioren M50 | FC Ottenstein Laufftreff | 1:15:08,0 | 1:15:34,0 |
| 83. | 320 | Wilfried Hahn | 1975 | m | 12. | Senioren M40 | FC Ottenstein Laufftreff | 1:15:24,0 | 1:15:47,0 |
| 84. | 83 | Rene Bühn | 1990 | m | 10. | Männer | Marathon Steinfurt | 1:15:28,0 | 1:15:50,0 |
| 85. | 368 | Martin Kappelhoff | 1959 | m | 5. | Senioren M55 | Grenzläufer Oeding | 1:15:37,0 | 1:15:59,0 |
| 86. | 47 | Felix Hinnemann | 1988 | m | 11. | Männer | SuS Stadtlohn Handball | 1:15:54,0 | 1:16:23,0 |
| 87. | 267 | Hendrik Maduschka | 1985 | m | 12. | Senioren M30 | SuS Stadtlohn | 1:17:19,0 | 1:17:45,0 |
| 88. | 376 | Franz-Josef Rode | | m | 3. | | VFL Ahaus | 1:17:40,0 | 1:18:10,0 |
| 89. | 287 | Reinhard Nowak | 1952 | m | 2. | Senioren M60 | (Stadtlohn) | 1:17:50,0 | 1:18:15,0 |
| 90. | 357 | Klaus Osadnik | 1960 | m | 6. | Senioren M55 | | 1:17:49,0 | 1:18:20,0 |
| 91. | 285 | Stefan Laurich | 1978 | m | 19. | Senioren M35 | SVS-Versorgungsbetriebe GmbH | 1:18:03,0 | 1:18:29,0 |
| 92. | 372 | Dieter Teich | 1963 | m | 14. | Senioren M50 | | 1:18:11,0 | 1:18:35,0 |
| 93. | 371 | Josef Knüwer | 1953 | m | 3. | Senioren M60 | | 1:18:41,0 | 1:19:06,0 |

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|-------|----------|---------------------|--------|-----|-----|--------------|-----------------------------|-----------|------------|
| 94. | 343 | Marvin Bennink | 1992 | m | 12. | Männer | Südlohner Läufer | 1:18:47,0 | 1:19:13,0 |
| 95. | 274 | Marcel Mensing | 1978 | m | 20. | Senioren M35 | SUS Stadtlohn Laufabteilung | 1:19:12,0 | 1:19:41,0 |
| 96. | 294 | Christian Brillert | 1970 | m | 12. | Senioren M45 | (Stadtlohn) | 1:19:31,0 | 1:20:01,0 |
| 97. | 266 | Thomas Wollschläger | 1964 | m | 15. | Senioren M50 | SF Nordvelen-Biketreff | 1:19:37,0 | 1:20:06,0 |
| 98. | 256 | Andreas Plümer | 1963 | m | 16. | Senioren M50 | (Ahaus-Wüllen) | 1:19:38,0 | 1:20:07,0 |
| 99. | 37 | Marcel Mersmann | 1982 | m | 13. | Senioren M30 | (Stadtlohn) | 1:21:29,0 | 1:21:55,0 |
| 100. | 38 | Werner Tenk | 1976 | m | 13. | Senioren M40 | (Stadtlohn) | 1:21:41,0 | 1:22:05,0 |
| 101. | 271 | Karl-Heinz Rochlitz | 1959 | m | 7. | Senioren M55 | Marathon4you | 1:23:10,0 | 1:23:39,0 |
| 102. | 89 | Matthias Isermann | 1984 | m | 14. | Senioren M30 | SuS Legden | 1:24:55,0 | 1:25:26,0 |
| 103. | 351 | Christian Ehrlich | 1965 | m | 17. | Senioren M50 | LC Duisburg | 1:25:27,0 | 1:25:50,0 |
| 104. | 353 | Andreas Lorenz | 1965 | m | 18. | Senioren M50 | KMPR Orange Turbine | 1:25:34,0 | 1:26:02,0 |
| 105. | 338 | Christian Roth | 1981 | m | 21. | Senioren M35 | TG Almsick A.D. | 1:28:40,0 | 1:29:03,0 |
| 106. | 260 | Jens Liesner | 1975 | m | 14. | Senioren M40 | SuS Stadtlohn | 1:02:17,0 | 11:47:57,0 |

Weiblich

| | | | | | | | | | |
|-----|-----|--------------------------|------|---|----|----------------------|-------------------------------------|-----------|-----------|
| 1. | 363 | Tanja Bügener | 1978 | w | 1. | Seniorinnen W35 | VfL Ahaus | 1:06:25,0 | 1:06:46,0 |
| 2. | 272 | Gudrun Kass | 1968 | w | 1. | Seniorinnen W45 | SG Borken | 1:08:20,0 | 1:08:48,0 |
| 3. | 305 | Monika Brillert | 1986 | w | 1. | Seniorinnen W30 | ASV Ellewick | 1:09:34,0 | 1:09:56,0 |
| 4. | 264 | Christine Wollschläger | 1969 | w | 2. | Seniorinnen W45 | SF Sportfreunde Nordvelen-Biketreff | 1:12:20,0 | 1:12:49,0 |
| 5. | 300 | Annette Niehaves | 1968 | w | 3. | Seniorinnen W45 | SG Borken | 1:12:36,0 | 1:13:05,0 |
| 6. | 273 | Janna Willemsen | 1997 | w | 1. | weibliche Jugend U20 | SuS Stadtlohn Triathlon | 1:12:52,0 | 1:13:11,0 |
| 7. | 311 | Maria Kröger | 1966 | w | 1. | Seniorinnen W50 | Lauftreff Vreden | 1:13:15,0 | 1:13:43,0 |
| 8. | 350 | Cordula Rehrmann-Niehoff | 1964 | w | 2. | Seniorinnen W50 | VFL Ahaus | 1:14:50,0 | 1:15:15,0 |
| 9. | 278 | Marion Schlüter-Michels | 1969 | w | 4. | Seniorinnen W45 | SG Borken | 1:16:42,0 | 1:17:11,0 |
| 10. | 138 | Christine van Pareren | 1952 | w | 1. | Seniorinnen W60 | Vegan Runners Nederland | 1:18:02,0 | 1:18:23,0 |
| 11. | 276 | Silke Gehlen | 1991 | w | 1. | Frauen | BEWI run | 1:19:24,0 | 1:19:50,0 |
| 12. | 354 | Lisa Kuehlkamp | 1970 | w | 5. | Seniorinnen W45 | SuS Legden | 1:20:27,0 | 1:20:56,0 |
| 13. | 289 | Corinna Freitag | 1987 | w | 2. | Frauen | SuS Stadtlohn | 1:23:31,0 | 1:23:52,0 |
| 14. | 263 | Marina Eynck | 1993 | w | 3. | Frauen | SuS Legden | 1:23:41,0 | 1:24:11,0 |
| 15. | 270 | Daniela Daldrup | 1977 | w | 2. | Seniorinnen W35 | SUS Legden | 1:25:58,0 | 1:26:27,0 |
| 16. | 325 | Anna Brose | 1988 | w | 4. | Frauen | FC Ottenstein Lauftreff | 1:27:09,0 | 1:27:35,0 |
| 17. | 306 | Jennifer Bloom | 1984 | w | 2. | Seniorinnen W30 | ASV Ellewick | 1:28:00,0 | 1:28:29,0 |
| 18. | 295 | Annika Mört | 1995 | w | 1. | weibliche Jugend U23 | reitverein Legden | 1:31:00,0 | 1:31:21,0 |

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|--------------|-----------------|-----------------|---------------|------------|------------|----------------------|---------------|--------------|---------------|
| 19. | 296 | Pia Bertelmann | 1996 | w | 2. | weibliche Jugend U23 | (Ahaus) | 1:31:01,0 | 1:31:21,0 |
| 20. | 261 | Katrin Garthaus | 1987 | w | 5. | Frauen | (Stadtlohn) | 1:32:29,0 | 1:32:56,0 |

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